

Members Guidance

Dear Members

I hope you and your families are all well.

It's not long now until Monday 3rd August when we can finally re open the leisure centre for gym and classes. I can assure you that we are following strict government and UK Active guidelines to ensure the centre is a safe place for you all to visit and enjoy.

These include new risk assessments, temperature checks, rigorous cleaning procedures, cleaning of high contact points, hand sanitising stations, limiting numbers in the gym and classes so we can socially distance. We have also bought a fog machine so we can spray disinfectant chemicals to kill off any germs and this will be carried out daily. We will also have a track and trace system in place.

Things will be a bit different for a while, you will have to book to use the gym or attend any of our classes. This can be done via our website <http://www.henfieldsportscentre.co.uk/> or the Fit Sense app or by email info@henfieldleisure.co.uk or when we are open again you can give us a call on 01273 494984 or pop in and see us. You can book your gym / classes from Tuesday 28th July from 10am. At the moment you can only book one week in advance, if you have any problems email us info@henfieldleisure.co.uk.

The gym sessions to begin with will be limited to one hour, there will be 15 minutes in between each session so members can leave and arrive and staff can clean. The sessions Monday to Friday will be 7am, 8.15am, 9.30am, 10.45am, - 3.30pm, 4.45pm, 6pm, and 7.15pm. On a Saturday they will be 8am, 9.15am, 10.30, the temporary class time is available on social media or from reception, so you can book in for your classes.

The hours and the class timetable are all provisional, as this is very strange times we will be assessing the usage and adapting our hours and classes to try and suit everyone's needs. As this experience is new to all of us, I am sure we will have some teething problems, so please bare with us, we do welcome any feedback from our members in this difficult time for us all.

When you come to the centre there will be two metre markings outside and in the reception area so you know where to stand, you will be asked by a member of staff to come to the reception desk, you will then be asked to fill in a health questionnaire and have your temperature taken. We are only accepting card payments at the moment, there is also a hand sanitising station in reception.

You will notice new signs around the centre i.e. please keep your social distance, only two people in the toilets, you will also be leaving the gym by the fire exit in the gym. The gym will be fully supervised at all times by staff they will be there to help you with the new procedures in the gym as well as constantly cleaning the gym as well.

We are asking members if they can turn up in their gym clothes ready, you can use the changing rooms but unfortunately for now the showers will be out of action, we hope to have these back in use very soon.

Please see below the provisional hours for August we will be operating a split shift pattern to hopefully cater for everyone's needs.

- Monday – 7am till 12pm - (closed between 12-3.30 pm) – 3.30pm till 8.15pm.
- Tuesday – 7am till 12pm - (closed between 12-3.30pm) – 3.30pm till 8.15pm.
- Wednesday – 7am till 12pm – (closed between 12-3.30 pm) – 3.30pm till 8.15pm.
- Thursday – 7am till 12pm – (closed between 12-3.30 pm) – 3.30pm till 8.15pm.
- Friday – 7am till 12pm – (closed between 12-3.30 pm) – 3.30pm till 8.15pm.
- Saturday – 8am till 12pm.
- Sunday – Closed

If you do have any concerns or questions about returning to the centre please don't hesitate to contact us by email info@henfieldleisure.co.uk.

We do really appreciate your continued support and patience throughout this difficult time.

We have missed you all and are very much looking forward to seeing you again very soon.

Take care

Simon and the team