



HENFIELD HALF MARATHON

In conjunction with Henfield Joggers

Sunday 18th August 2019

10.30am Start and Finish at

Henfield Leisure Centre

Off road Half Marathon scenic course along riverbank and disused railway, flint paths & stiles, disabled and less abled athletes welcome if you feel the course is within your abilities please contact us before entering. Changing rooms, showers, toilets and free parking. There is also hot, cold drinks and food available on the day.

* Medals to all finishers

£12 entry fee attached £13 unattached **£1 extra on day**

Closing date for postal entries 09/08/19 **please send large SAE** * Cheques made Payable to Henfield Leisure Centre, you can also make payment over the phone on 01273 494984, or by BACS.

* Results will be posted on our website at the end of the race.

www.henfieldleisurecentre.co.uk

E-mail simonthompson@henfieldleisure.org.uk

ENTRY FORM – please use block capitals

Surname First Name..... Male/Female

Address.....

..... Post Code

Tel no Age on 18/08/19.....

Running clubFee enclosed £

Declaration – I am medically fit to run and understand that I enter at my own risk.

The race organisers and officials appointed by them will in no way be held responsible for any injury or illness incurred to my person during or as a result of the event, or for any property lost or damaged on the course, in the changing rooms or in the vicinity.

Signature: **Date:**

Please note the course will close after 3 hours and there will be no marshals along the route after this time.

Please return with cheque and large SAE to: Race Director, Henfield Leisure Centre, Kings
Field, Henfield, west Sussex BN5 9QB Tel: 01273 494984.